

ANALISIS PERAN IBU DALAM MENJAGA KEBERSIHAN GIGI DENGAN KEJADIAN KARIES GIGI PADA ANAK PRASEKOLAH DI TK LESTARI TAHUN 2021

Shabrina Fadhlil Baqi

Abstrak

Karies gigi merupakan keadaan gigi yang mengalami penumpukan plak yang menyebabkan perubahan warna dan bentuk gigi. Agar kejadian karies gigi anak tidak semakin parah, dibutuhkan peran ibu dalam mempertahankan keadaan gigi anak, serta upaya yang dilakukan. TK Lestari merupakan salah satu TK yang berada di Depok, dan menurut laporan pemeriksaan gigi tahun 2017-2018 sebanyak 56 dari 85 murid mengalami karies gigi. TK Lestari sendiri sudah rutin mengadakan pemeriksaan gigi, namun setelah pandemi kegiatan itu sementara dihentikan. Tujuan penelitian ini untuk menganalisis peran ibu dalam menjaga kebersihan gigi dengan kejadian karies gigi pada anak prasekolah di TK Lestari tahun 2021. Desain penelitian yang digunakan yaitu *deskriptif kualitatif*, dengan wawancara mendalam kepada 22 informan yang dipilih melalui *purposive sampling*. Penelitian dilaksanakan di TK Lestari. Hasil penelitian mendapatkan peran ibu dalam menjaga kebersihan gigi dengan kejadian karies gigi pada anak prasekolah berupa membimbing, mengingatkan, memberikan pengertian dan bisa menyediakan fasilitas bagi anak untuk menyikat gigi. Adapun hambatan yang dialami para ibu dalam menjaga kebersihan gigi anak yaitu menghadapi perilaku anak. Disarankan bagi ibu untuk bisa lebih tegas dalam menertibkan anak saat menjaga kebersihan gigi.

Kata Kunci : karies gigi, kebersihan gigi, peran ibu, prasekolah

ANALYSIS THE ROLE OF MOTHERS IN MAINTAINING DENTAL CLEANLINESS WITH THE EVENT OF DENTAL CARIES OF PRESCHOOL CHILDREN IN TK LESTARI 2021

Shabrina Fadhilil Baqi

Abstract

Dental caries is a condition where the teeth have plaque buildup that causes changes in the color and shape of the teeth. In order to the incidence of dental caries in children does not get worse, the role of the mother is needed in maintaining the condition of the child's teeth, as well as the efforts made. TK Lestari is one of the kindergartens in Depok, and according to the dental examination report for 2017-2018, 56 out of 85 students experienced dental caries. TK Lestari itself has routinely held dental check-ups, but after the pandemic the activity was temporarily suspended. The purpose of this study was to analyze the role of mothers in maintaining dental hygiene with the incidence of dental caries in preschool children at TK Lestari in 2021. The research design for this research is descriptive qualitative, with in-depth interviews with 22 informants selected through purposive sampling. The research was held in TK Lestari. The results showed that the role of mothers in maintaining dental hygiene with the incidence of dental caries in preschool children in the form of guiding, reminding, providing understanding and being able to provide facilities for children to brush their teeth. The obstacles experienced by mothers in maintaining the cleanliness of their children's teeth are dealing with children's behavior. It is recommended for mothers to be more assertive in bringing order to their children when maintaining dental hygiene.

Keywords : dental caries, dental hygiene, mother's role, preschool