

## DAFTAR PUSTAKA

- Ahmad, A. R., & Murad, H. R. 2020. The Impact of Social Media on Panic During the COVID-19 Pandemic in Iraqi Kurdistan: Online Questionnaire Study. *Journal of Medical Internet Research*, 22(5). <https://e-resources/perpusnas.go.id:2111/10.2196/19556>
- Alfi, W. N., & Yuliwar, R. 2018. The Relationship between Sleep Quality and Blood Pressure in Patients with Hypertension. *Jurnal Berkala Epidemiologi*, 6(1), 18. <https://doi.org/10.20473/jbe.v6i12018.18-26>
- Amalia, A. 2016. *PENGARUH TINGKAT STRES DAN DERAJAT PEROKOK TERHADAP KUALITAS TIDUR PADA PENERBANG SIPIL DI INDONESIA TAHUN 2016* [Universitas Pembangunan Nasional Veteran Jakarta]. <http://repository.upnvj.ac.id/>
- Ambarwati, R. 2017. Tidur, Irama Sirkadian dan Metabolisme Tubuh. *Jurnal Keperawatan*, X(1), 42–46. <http://www.litbang.kemkes.go.id:8080/handle/123456789/33428>
- Anggraeni, R., Nurjanah, S., & Mubin, F. 2016. Hubungan Penyesuaian Peran Dengan Tingkat Kecemasan Pada Pasangan Baru Menikah. *Jurnal Keperawatan*, 8(2), 74–79. <http://journal.stikeskendal.ac.id/index.php/Keperawatan/article/view/43>
- Ariesti, B., & Ardani, I. 2017. Tingkat Kecemasan Ibu Dengan Anak Tuna Grahita Berdasarkan Hamilton Anxiety Rating Scale (Ham-a) Di Sekolah Luar Biasa C Dan C1 Negeri Kota Denpasar Tahun 2014. *E-Jurnal Medika Udayana*, 6(3), 1–6.
- Bjorkdahl, K., & Carlsen, B. 2018. Introduction: Pandemics, publics, and politics-staging responses to public health crises. In *Pandemics, Publics, and Politics: Staging Responses to Public Health Crises*. [https://doi.org/10.1007/978-981-13-2802-2\\_1](https://doi.org/10.1007/978-981-13-2802-2_1)
- Budyawati, N. L. P. W., Utami, D. K. I., & Widyadharma, P. E. 2019. *PROPORSI DAN KARAKTERISTIK KUALITAS TIDUR BURUK PADA GURU SEKOLAH MENENGAH ATAS NEGRI DI DENPASAR*. 8(3), 1–7. <https://doi.org/10.24922/eum>
- Buysse, D., Reynolds, C., Monk, T., Berman, S., & Kupfer, D. 1989. No Ti. *The Pittsburgh Sleep Quality Index: A New Instrument for Psychiatric Practice and Research*, 2, 28.
- Casagrande, M., Favieri, F., Tambelli, R., & Forte, G. 2020. The enemy who sealed

the world: effects quarantine due to the COVID-19 on sleep quality, anxiety, and psychological distress in the Italian population. *The Enemy Who Sealed the World: Effects Quarantine Due to the COVID-19 on Sleep Quality, Anxiety, and Psychological Distress in the Italian Population*. <https://doi.org/https://doi.org/10.1016/j.sleep.2020.05.011>

Cellini, N., Canale, N., Mioni, G., & Costa, S. 2020. Changes in sleep pattern, sense of time and digital media use during COVID-19 lockdown in Italy. *Journal of Sleep Research*, 29(4), 1–5. <https://doi.org/10.1111/jsr.13074>

Chakraborty, C., Sharma, A. R., Sharma, G., Bhattacharya, M., & Lee, S. S. 2020. SARS-CoV-2 causing pneumonia-associated respiratory disorder (COVID-19): Diagnostic and proposed therapeutic options. *European Review for Medical and Pharmacological Sciences*, 24(7), 4016–4026. [https://doi.org/10.26355/EURREV\\_202004\\_20871](https://doi.org/10.26355/EURREV_202004_20871)

Consolo, U., Bellini, P., Bencivenni, D., Iani, C., & Checchi, V. 2020. Epidemiological aspects and psychological reactions to COVID-19 of dental practitioners in the Northern Italy districts of Modena and Reggio Emilia. *Epidemiological Aspects and Psychological Reactions to COVID-19 of Dental Practitioners in the Northern Italy Districts of Modena and Reggio Emilia*, 17(10). <https://doi.org/10.3390/ijerph17103459>

Croll, L., Kurzweil, A., Hasanaj, L., Serrano, L., Balcer, L. J., & Galetta, S. L. 2020. The psychosocial implications of COVID-19 for a neurology program in a pandemic epicenter. *Journal of the Neurological Sciences*, 416(July), 117034. <https://doi.org/10.1016/j.jns.2020.117034>

Cullen, W., Gulati, G., & Kelly, B. D. 2020. Immediate Psychological Responses and Associated Factors during the Initial Stage of the 2019 Coronavirus Disease (COVID-19) Epidemic among the General Population in China. *QJM: Monthly Journal of the Association of Physicians*, 113(5), 311–312. <https://doi.org/10.1093/qjmed/hcaa110>

Dewi, N. L. P., & Wati, N. M. N. 2021. *PENERAPAN METODE GAYATRI MANTRA & EMOTIONAL FREEDOM TECHNIQUE (GEFT) PADA ASPEK PSIKOLOGIS* (Qiara Media (Ed.); Pertama). IKAPI No. 237/jti/2019.

Dike, F. M., & O., E. I. 2017. Faktor-Faktor yang Berhubungan dengan Tekanan Darah pada Masa Pandemi Covid-19. *Journal of Health Science Research*, 2(1), 1–9. <http://www.informaticsjournals.com/index.php/jhsr/article/view/8530/13618>

Dinas Tenaga Kerja, T. D. E. P. D. K. I. J. 2020. KRITERIA DAN PERSYARATAN PERMOHONAN PELAKSANAAN PEMBAYARAN UPAH MINIMUM PROVINSI TAHUN 2021 SAMA DENGAN UPAH MINIMUM PROVINSI TAHUN 2020 BAGI PENGUSAHA, PERUSAHAAN DAN/ATAU PIHAK PEMBERI KERJA YANG

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

TERDAMPAK SECARA EKONOMI AKIBAT CORONA VIRUS DISEASE 2019. KRITERIA DAN PERSYARATAN PERMOHONAN PELAKSANAAN PEMBAYARAN UPAH MINIMUM PROVINSI TAHUN 2021 SAMA DENGAN UPAH MINIMUM PROVINSI TAHUN 2020 BAGI PENGUSAHA, PERUSAHAAN DAN/ATAU PIHAK PEMBERI KERJA YANG TERDAMPAK SECARA EKONOMI AKIBAT CORONA VIRUS DISEASE 2019, NOMOR 3100.

Donsu, J. D. T. 2016. *Metodologi Penelitian Keperawatan* (1st ed.). Pustaka Baru Press.

Dorlan. 2002. *Kamus Kedokteran Dorland*. Buku EGC.

Effendi, R. A. 2018. *PERBANDINGAN EFEK OLAHRAGA INDOOR DAN OUTDOOR TERHADAP KUALITAS TIDUR MAHASISWA FAKULTAS KEDOKTERAN UNIVERSITAS DIPONEGORO*. Universitas Diponegoro.

Farisi, L. Al, Wiyono, T., & Nurhuda, M. 2020. *Pengelolaan Kecemasan dan Ketidakpastian Dalam Menghadapi Wabah Covid-19 Management of Anxiety and Uncertainty in Facing*. 5(2).

Fenny, & Supriatmo. 2016. Hubungan Kualitas dan Kuantitas Tidur dengan Prestasi Belajar pada Mahasiswa Fakultas Kedokteran. *Jurnal Pendidikan Kedokteran Indonesia: The Indonesian Journal of Medical Education*, 5(3), 140–147. <https://doi.org/10.22146/jpki.25373>

Germani, A., Buratta, L., Delvecchio, E., & Mazzeschi, C. 2020. Emerging adults and covid-19: The role of individualism-collectivism on perceived risks and psychological maladjustment. *International Journal of Environmental Research and Public Health*, 17(10). <https://doi.org/10.3390/ijerph17103497>

Hamilton, M. 1959. Penilaian keadaan kecemasan menurut peringkat. *The British Journal of Medical Psychology*, 32(1), 50–55. <https://doi.org/10.1111/j.2044-8341.1959.tb00467.x>

Hardiyati, Widiyanti, E., & Hernawaty, T. 2020. *Kecemasan Saat Pandemi Covid-19*. 31–35.

Hastono, P, S., & Sandjaja. 2011. *Statistik Kesehatan*. Rajawali Pers.

Hastono. 2016. *Analisis Data pada Bidang Kesehatan* (1st ed.). Rajawali Pers.

Hawari, D. 2016. N. In *Manajemen Stress Cemas*. FKU UI.

Hernawaty, T., Ramdhani, R. I., & Solehati, T. 2016. Gambaran tingkat kecemasan pasien kanker serviks di RSUP Dr. Hasan Sadikin Bandung. In *Simposium Nasional: Pendekatan Biopsikososial dan Spiritual di dalam Psikologi Kesehatan untuk Meningkatkan Well-Being dalam Kondisi Sehat maupun*

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

*Sakit* (pp. 1–10).

Hidayat, A, Aziz, A. 2016. *Buku Ajar Ilmu Keperawatan Dasar* (Peni Puji Lestari (Ed.)). Salemba Medika.

Huang, Y., & Zhao, N. 2020. Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information. *Generalized Anxiety Disorder, Depressive Symptoms and Sleep Quality during COVID-19 Outbreak in China: A Web-Based Cross-Sectional Survey*, 288(January), 2–3.

Hurlock, E. B. 2012. *Psikologi Perkembangan, Suatu Pendekatan Sepanjang Rentang Kehidupan (terjemahan)*. Erlangga.

Idrissi, A. J., Lamkaddem, A., Benouajjit, A., Bouaazzaoui, M. B. El, Houari, F. El, Alami, M., Labyad, S., Chahidi, A., Benjelloun, M., Rabhi, S., Kissani, N., Zarhbouch, B., Ouazzani, R., Kadiri, F., Alouane, R., Elbiaze, M., Boujraf, S., Fakir, S. El, & Souirti, Z. 2020. *Sleep quality and mental health in the context of COVID-19 pandemic and lockdown in Morocco*. January. <https://doi.org/https://doi.org/10.1016/j.sleep.2020.07.045>

Ismail, C. S. 2021. *FAKTOR YANG BERHUBUNGAN DENGAN TINGKAT KECEMASAN DI MASA PANDEMI COVID-19 PADA MAHASISWA UNIVERSITAS HALU OLEO*. 1(4), 7–14.

Jakarta, D. K. dan P. S. P. D. 2020. *Jumlah Penduduk Menganut Agama yang Dianut di Provinsi DKI Jakarta*. <https://statistik.jakarta.go.id/agama-yang-dianut-oleh-penduduk-dki-jakarta-tahun-2019/>

Jiwantoro, Y. A. 2017. *Riset Keperawatan: Analisis Data Statistik Menggunakan SPSS* (1st ed.). Mitra Wacana Media.

Joseph, T., & Ashkan, M. 2020. *International pulmonologist's consensus on*.

Juaningsih, I. N. 2020. Analisis Kebijakan PHK Bagi Para Pekerja Pada Masa Pandemi Covid-19 di Indonesia. *Buletin Hukum Dan Keadilan*, 4(1), 189–196.

Jungmann, S. M., & Witthoft, M. 2020. Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website. *Health Anxiety, Cyberchondria, and Coping in the Current COVID-19 Pandemic: Which Factors Are Related to Coronavirus Anxiety?* <https://doi.org/10.1016/j.janxdis.2020.102239>

Kemenkes RI. 2020. *Pertanyaan dan Jawaban Terkait COVID-19*.

Kementrian Kesehatan RI. 2020. *Penerapan Dukungan Kesehatan Jiwa dan*

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

*Psikososial (MHPSS) di Fasilitas Pelayanan Kesehatan pada Pandemi Covid 19.*

- Killgore, W. D. S., Cloonan, S. A., Taylor, E. C., Fabian, F., Grandner, M. A., & Dailey, N. S. 2020. *Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID- 19 . The COVID-19 resource centre is hosted on Elsevier Connect , the company ' s public news and information. January.*
- Kinerja Dinas Kependudukan Dan Catatan Sipil Kota Pontianak. 2018. *Format Baru Kartu Keluarga*. <https://disdukcapil.pontianakkota.go.id/format-baru-kartu-keluarga-akan-segera-diterapkan>
- Kocevska, D., Blanken, T. F., Someren, E. J. ., & Lara, R. 2020. *Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID- 19 . The COVID-19 resource centre is hosted on Elsevier Connect , the company ' s public news and information. January.* <https://doi.org/https://doi.org/10.1016/j.sleep.2020.09.029>
- Kozier, B. 2010. *Fundamental Keperawatan: Konsep, Proses dan Praktik* (7th ed.). Penerbit Buku Kedokteran EGC, Jakarta.
- Lin, L., Wang, J., Ou-yang, X., Miao, Q., Chen, R., & Liang, F. 2020. *The immediate impact of the 2019 novel coronavirus (COVID-19) outbreak on subjective sleep status. January.*
- Loka, A. S. K. 2016. *HUBUNGAN ANTARA KUALITAS TIDUR DENGAN TEKANAN DARAH PADA MAHASISWA FAKULTAS KEDOKTERAN UNIVERSITAS PEMBANGUNAN NASIONAL "VETERAN" JAKARTA ANGKATAN 2015*. Universitas Pembangunan Nasional Veteran Jakarta.
- Mahfud, I., & Gumantan, A. 2020. Survey Of Student Anxiety Levels During The Covid-19 Pandemic. *Jp.Jok (Jurnal Pendidikan Jasmani, Olahraga Dan Kesehatan)*, 4(1), 86–97. <https://doi.org/10.33503/jp.jok.v4i1.1103>
- Maier, W., Buller, R., Philip, M., & Heuser, I. 1988. The Hamilton Anxiety Rating Scale: Reliabilitas, validitas, dan kepekaan terhadap perubahan kecemasan dan gangguan depresif. *J Mempengaruhi Disord*, 14(1), 61–68. [https://doi.org/10.1016 / 0165-0327 \(88\) 90072-9](https://doi.org/10.1016 / 0165-0327 (88) 90072-9)
- Morin, C. M., Carrier, J., Bastien, C., & Godbout, R. 2020. *Sleep and circadian rhythm in response to the COVID-19 pandemic On behalf of the Canadian Sleep and Circadian Network*. 654–657. [www.sleepnitcanada.ca](http://www.sleepnitcanada.ca)
- Mudigdo, A., & Murti, B. 2016. No Title. *The Effect of Self-Efficacy , Family Support , and Socio-Economic Factors on the Quality of Life of Patients with Breast Cancer at Dr . Moewardi Hospital, 1 (3)(182–194).*

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

<https://doi.org/https://doi.org/10.26911/jepublichealth.2016.01.03.05>

- Munawar, K., & Riaz, F. 2020. Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information. *American Journal of Infection Control*, 49(January), 286–292.
- Nashori, H. F. 2011. *PSIKOLOGI MIMPI Perspektif Psikologi Islami* (Cetakan 1). Lubuk Agung.
- Nashori, H. F. 2017. *PSIKOLOGI TIDUR: DARI KUALITAS TIDUR HINGGA INSOMNIA*. Universitas Islam Indonesia.
- Notoatmodjo, S. 2012. *Metodologi Penelitian Kesehatan* (Rineka Cipta (Ed.)).
- Notoatmodjo, S. 2015. *Metodologi Penelitian Kesehatan*. Rineka Cipta.
- Nursalam. 2015. Populasi, Sampel, Sampling, dan Besar Sampel. In *Metodologi Penelitian Ilmu Keperawatan*.
- Nuryadi, Astuti, T. D., Utami, E. S., & Budiantara, M. 2017. *Dasar-Dasar Statistik Penelitian* (1st ed.). Sibuku media.
- Ozdin, S., & Bayrak Ozdin, S. 2020. Levels and predictors of anxiety, depression and health anxiety during COVID-19 pandemic in Turkish society: The importance of gender. *International Journal of Social Psychiatry*, 66(5), 504–511. <https://doi.org/10.1177/0020764020927051>
- Pamungkas, J. A. 2018. Kecemasan & Serangan Panik. *U.S Department Of Health & Human Services. National Institute of Mental Health. Joko Adi Pamungkas, Anta Samara*, 0–39.
- Park, S. A., Chung, S. H., & Lee, Y. 2016. No Title. *Factors Associated with Suicide Risk in Advanced Cancer Patients*, 17. <https://doi.org/https://doi.org/10.22034/APJCP.2016.17.11.4831>
- Patimah, I. 2020. *KONSEP RELAKSASI ZIKIR DAN IMPLIKASINYA TERHADAP PENDERITA GAGAL GINJAL KRONIS (Kjian Teoritik dan Praktik)* (M. B. Muvid (Ed.)). Adab.
- Portal Informasi Indonesia. 2020. *Agama*. <https://indonesia.go.id/profil/agama>
- Potter, P., & Perry, A. 2005. *Fundamental of nursing: concepts, process and practice*. Mosby.
- Potter, & Perry. 2010. *Fundamental of Nursing*. Mosby.
- Pramana, K. D., Okatiranti, & Ningrum, T. P. 2016. Hubungan tingkat kecemasan

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

dengan kejadian hipertensi di panti sosial tresna werdha senjarawi bandung. *Hubungan Tingkat Kecemasan Dengan Kejadian Hipertensi Di Panti Sosial Tresna Werdha Senjarawi Bandung, IV(2)*, 116–128.

Proborini, H. G. 2018. *HUBUNGAN ANTARA KUALITAS TIDUR DENGAN TINGKAT STRES PADA MAHASISWA TINGKAT PERTAMA FAKULTAS KEDOKTERAN UNIVERSITAS PEMBANGUNAN NASIONAL “VETERAN” JAKARTA PERIODE MARET 2018.*

Qinthara, A. (2018). *HUBUNGAN TINGKAT KECEMASAN DAN TIPE KEPERIBADIAN HIPPOCRATES-GALENUS DENGAN DERAJAT SERANGAN ASMA PADA PASIEN DEWASA DI RSUD KOTA DEPOK TAHUN 2018* [UPN Veteran Jakarta]. <http://repository.upnvj.ac.id/>

Ramdan, I. M. 2019. Reliability and Validity Test of the Indonesian Version of the Hamilton Anxiety Rating Scale (HAM-A) to Measure Work-related Stress in Nursing. *Jurnal Ners*, 14(1), 33. <https://doi.org/10.20473/jn.v13i2.10673>

Rinaldi, M. R., & Yusniasanti, R. 2020. No Title. *KECEMASAN PADA MASYARAKAT SAAT MASA PANDEMI COVID-19 DI INDONESIA.*

Rinata, E., & Andayani, G. A. 2018. Karakteristik Ibu (Usia, Paritas, Pendidikan) Dan Dukungan Keluarga Dengan Kecemasan Ibu Hamil Trimester III. *Jurnal Ilmiah Ilmu-Ilmu Kesehatan*, 16(1), 14–20.

Romadoni, S. 2016. Karakteristik Dan Dukungan Keluarga Dengan Tingkat Kecemasan Pasien Pre Operasi Mayor Di Rumah Sakit Muhammadiyah Palembang. *Masker Medika*, 4(1), 108–115. <http://ejournal.stikesmp.ac.id/index.php/0Ahp/maskermedika/article/view/188>

Rosyanti, L., & Hadi, I. 2020. Dampak Psikologis dalam Memberikan Perawatan dan Layanan Kesehatan Pasien COVID-19 pada Tenaga Profesional Kesehatan. *Health Information: Jurnal Penelitian*, 12(1), 107–130. <https://doi.org/10.36990/hijp.vi.191>

Rudenstine, S., McNeal, K., Schulder, T., Ettman, C. K., Hernandez, M., Gvozdieva, K., & Galea, S. 2020. Depression and Anxiety During the COVID-19 Pandemic in an Urban, Low-Income Public University Sample. In *Journal of Traumatic Stress*. <https://doi.org/10.1002/jts.22600>

Rumeysa E, Kurtulmus A, Arpacioğlu S, & Karadere E. 2020. Depression, anxiety, stress levels of physicians and associated factors in Covid-19 pandemics. *Psychiatry Research*, 290(January), 113–130. <https://doi.org/10.1016/j.psychres.2020.113130>

Salari, N., Hosseinian-Far, A., Jalali, R., Vaisi-Raygani, A., Rasoulpoor, S., Mohammadi, M., Rasoulpoor, S., & Khaledi-Paveh, B. 2020. Prevalence of

**Ariyana Pramitha Haryani, 2021**

**HUBUNGAN TINGKAT KECEMASAN DENGAN KUALITAS TIDUR PADA MASYARAKAT DI MASA PANDEMI COVID-19**

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Ilmu Keperawatan

[[www.upnvj.ac.id](http://www.upnvj.ac.id) – [www.library.upnvj.ac.id](http://www.library.upnvj.ac.id) – [www.repository.upnvj.ac.id](http://www.repository.upnvj.ac.id)]

stress, anxiety, depression among the general population during the COVID-19 pandemic: a systematic review and meta-analysis. *Globalization and Health*, 16(1), 1–11.

- Santoso, D. H., & Santosa, A. 2020. Covid-19 Dalam Ragam Tinjauan Perspektif. In *Jurnal Kesehatan*.  
[https://d1wqtxts1xzle7.cloudfront.net/63794548/BUKU\\_RAPID\\_RESEARCH\\_COVID-1920200630-66212-8rqrq2.pdf?1593584823=&response-content-disposition=inline%3B+filename%3DCOVID-19\\_DALAM\\_RAGAM\\_TINJAUAN\\_PERSPEKTIF.pdf&Expires=1595389567&Signature=YkOHM2Jix~C~GCwrDL](https://d1wqtxts1xzle7.cloudfront.net/63794548/BUKU_RAPID_RESEARCH_COVID-1920200630-66212-8rqrq2.pdf?1593584823=&response-content-disposition=inline%3B+filename%3DCOVID-19_DALAM_RAGAM_TINJAUAN_PERSPEKTIF.pdf&Expires=1595389567&Signature=YkOHM2Jix~C~GCwrDL)
- Saputra, R. 2019. Coronavirus Outbreak All the Secrets Revealed About the Covid-19 Pandemic. A Complete Rational Guide of its Evolution, Expansion, Symptoms and First Defense. by Osler, Sidney (z-lib.org).epub. In *Journal of Chemical Information and Modeling* (Vol. 53, Issue 9).
- Sari, D. Y. 2017. *HUBUNGAN KECEMASAN DENGAN KUANTITAS TIDUR PADA ANAK USIA PRASEKOLAH YANG MENJALANI HOSPITALISASI DI RUANG PERAWATAN ANAK RUMAH SAKIT DR. SUYOTO JAKARTA SELATAN* [UPN Veteran Jakarta]. <http://repository.upnvj.ac.id/>
- Setyaningrum, W., & Yanuarita, H. A. 2020. Pengaruh Covid-19 Terhadap Kesehatan Mental Masyarakat Di Kota Malang. *Ilmu Sosial Dan Pendidikan*, 4(4), 7.  
<http://ejournal.mandalanursa.org/index.php/JISIP/article/view/1580/1392>
- Setyogomo, A. A., Rusdianto, D. S., & Fanani, L. 2019. *Pembangunan Sistem Interpretasi Hasil Tes MMPI ( Minnesota Multiphasic Personality Inventory ) di Lembaga Psikologi MetaPROGRESS*. 3(6), 5506–5513.
- Sholichah, N., & Anjarwati, R. 2015. Hubungan Tingkat Pendidikan Dengan Tingkat Kecemasan Wanita Usia 40-50 Tahun Dalam Menghadapi Menopause. *Jurnal Komunikasi Kesehatan*, 6(2), 11.
- Stuart, G. 2012. *Buku Saku Keperawatan Jiwa*. EGC.
- Stuart, G. 2016. *Prinsip dan Praktik Keperawatan Jiwa Stuart* (G. Stuart (Ed.)).
- Sugiyono. 2011. *Metode Penelitian Kuantitatif Kualitatif dan R & B*. Alfabeta.
- Sugiyono. 2019. *Metode Penelitian Pendidikan Pendekatan Kuantitatif, Kualitatif, dan R&D*. Alfabeta.
- Sukmawati, N. M. H., & Putra, I. G. S. W. 2019. Reliabilitas Kusioner Pittsburgh Sleep Quality Index ( Psqi ) Versi Bahasa Indonesia Dalam Mengukur. *Jurnal Lngkungan Dan Pembangunan*, 3(2), 30–38.



- Supriyadi, & Setyorini, A. 2020. Pengeruh Pendidikan Kesehatan Tentang Pencegahan Covid-19 Terhadap Kecemasan Pada Masyarakat Di Yogyakarta. *Jurnal Keperawatan*, 12(4), 767–776.
- Susilo, A., Rumende, C. M., Pitoyo, C. W., Santoso, W. D., Yulianti, M., Herikurniawan, H., Sinto, R., Singh, G., Nainggolan, L., Nelwan, E. J., Chen, L. K., Widhani, A., Wijaya, E., Wicaksana, B., Maksum, M., Annisa, F., Jasirwan, C. O. M., & Yuniastuti, E. (2020). Coronavirus Disease 2019: Tinjauan Literatur Terkini. *Jurnal Penyakit Dalam Indonesia*, 7(1), 45. <https://doi.org/10.7454/jpdi.v7i1.415>
- Sutejo. 2016. *Keperawatan Kesehatan Jiwa Prinsip dan Praktik Asuhan Keperawatan Jiwa* (1st ed.). Pustaka Baru Press.
- Sutejo. 2018. *Keperawatan Jiwa, Konsep dan Praktik Asuhan Keperawatan Kesehatan Jiwa: Gangguan Jiwa dan Psikososial*. Yogyakarta : Pustaka Baru Press.
- Suwanto, M. 2015. No Title. *IMPLEMENTASI METODE BAYESIAN DALAM MENENTUKAN KECEMASAN PADA HARS (Hamilton Anxiety Rating Scale)*, 1–17.
- Temah, M. H., Al-Sohime, F., Alamro, N., Al-Eyadhy, A., Al-Hasan, K., Jamal, A., Al-Maglouth, I., Aljamaan, F., Al Amri, M., Barry, M., Al-Subaie, S., & Somily, A. M. 2020. The psychological impact of COVID-19 pandemic on health care workers in a MERS-CoV endemic country. *Journal of Infection and Public Health*, 13(6), 877–882. <https://doi.org/10.1016/j.jiph.2020.05.021>
- Varma, P., Junge, M., Meaklim, H., & Jackson, M. L. 2020. *Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID- 19 . The COVID-19 resource centre is hosted on Elsevier Connect , the company ' s public news and information . January.*
- Vellyana, D., Lestari, A., & Rahmawati, A. 2017. Faktor-Faktor yang Berhubungan dengan Tingkat Kecemasan pada Pasien Preoperative di RS Mitra Husada Pringsewu. *Jurnal Kesehatan Politeknik Kesehatan Kemenkes Tanjung Karang*, 8(1), 108–113.
- Vibriyanti, D. 2020. Sistem Berbasis Aturan Untuk Menentukan Tingkat Gangguan Manic Depression. *KESEHATAN MENTAL MASYARAKAT MENGELOLA KECEMASAN DI TENGAH PANDEMI COVID-19*, 69–74.
- Voelker, D. H., Orton, P. Z., & Adams, S. 2011. *Statistic Quick Review*.
- Wahyuni, I., Sutarno, & Andika, & R. 2020. Hubungan tingkat religiusitas dengan tingkat kecemasan mahasiswa di masa pandemi covid-19. *Jurnal Kesehatan Al-Irsyad*, XIII(2), 131–144.

- Widyasari, S. D., Nurwanti, R., Rachmayani, D., & Nuryanti, S. 2020. Kecemasan di Masa Pandemi. *Himatika Syahid*.  
<http://himatika.fst.uinjkt.ac.id/kecemasan-di-masa-pandemi/>
- Wijaya, S., & Sukardi, O. S. I. 2017. *Analisis Pajak Penghasilan Wanita Kawin Atas Penghasilan Dari Satu Pemberian Kerja*.
- World Health Organization*. 2020.
- Xiao, Han, Zhang, Y., Kong, D., Li, S., & Yang, N. 2020. Social capital and sleep quality in individuals who self-isolated for 14 days during the coronavirus disease 2019 (COVID-19) outbreak in January 2020 in China. *Medical Science Monitor*, 26, 1–8. <https://doi.org/10.12659/MSM.923921>
- Xiao, Huidi, Shu, W., Li, M., Li, Z., Tao, F., Wu, X., Yu, Y., Meng, H., Vermund, S. H., & Hu, Y. 2020. Social distancing among medical students during the 2019 coronavirus disease pandemic in china: Disease awareness, anxiety disorder, depression, and behavioral activities. *International Journal of Environmental Research and Public Health*, 17(14), 1–13. <https://doi.org/10.3390/ijerph17145047>
- Yang, Y., Zhu, J., Yang, S., Lin, H., Chen, Y., & Zhao, Q. 2020. Prevalence and associated factors of poor sleep quality among Chinese. *Prevalence and Associated Factors of Poor Sleep Quality among Chinese, January*.
- Yusuf, A. ., Fitriyasaki, R., & Nihayati, H. . 2015. Buku Ajar Keperawatan Kesehatan Jiwa. *Buku Ajar Keperawatan Kesehatan Jiwa*, 1–366. <https://doi.org/ISBN 978-xxx-xxx-xx-x>
- ZA, S., Putra, D. I., Sofyan, S., & MPH, B. 2020. Pedoman Umum Menghadapi Pandemi Covid-19 Bagi Pemerintah Daerah : Pencegahan, Pengendalian, Diagnosis dan Manajemen. In *Journal of Chemical Information and Modeling* (Vol. 53, Issue 9). <https://doi.org/10.1017/CBO9781107415324.004>
- Zhang, Y., Zhang, H., Ma, X., & Di, Q. 2020. Mental health problems during the COVID-19 pandemics and the mitigation effects of exercise: A longitudinal study of college students in China. *International Journal of Environmental Research and Public Health*, 17(10). <https://doi.org/10.3390/ijerph17103722>