

DAFTAR PUSTAKA

- Abdullah, A & Permana, RSM 2021, "Iklan mi instan di televisi pada saat pandemi Covid-19," *ProTVF*, vol. 5, no. 1, hal. 57.
- Adeoye, B et al. 2018, "Factors Influencing Noodle Consumption and Nutrient Intake of Nigerian University Undergraduate Students," *International Journal of Medical Science and Applied Biosciences*, vol. 3, no. July 2019, hal. 71–79.
- Afandi, E 2016, *Concept & Indicator Human Resources Management for Management Research*, DEEPUBLISH, Yogyakarta, <<https://books.google.co.id/books?id=IXItDwAAQBAJ&printsec=frontcover&dq=Concept+%26+Indicator+Human+Resources+Management+for+Management+Research&hl=en&sa=X&ved=2ahUKEwi19vWA5fvsAhVXfH0KHRqKDD4Q6AEwAHoECAIQAg#v=snippet&q=disiplin%20diri%20adalah&f=false>>.
- Agus, H, Lianti, FO, & Khazanah, W 2014, "Hubungan Frekuensi Konsumsi Mie Instan Dengan komposisi Tubuh Pada Siswi Kelas 3 Sman 12 Banda Aceh," *Jurnal Kesehatan Ilmiah Nasuwakes*, vol. 7, no. 2, hal. 247–253.
- Akkoc, U & Fisher, R 2019, "How making decisions for children affects the food choices of adults," *Appetite*, vol. 143, no. January, hal. 104407, <<https://doi.org/10.1016/j.appet.2019.104407>>.
- Alamdari, NM et al. 2020, "The impact of metabolic syndrome on morbidity and mortality among intensive care unit admitted COVID-19 patients," *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, vol. 14, no. 6, hal. 1979–1986, <<http://www.sciencedirect.com/science/article/pii/S1871402120304008>>.
- Ali, M 2017, *Kebijakan Pendidikan Menengah Dalam Perspektif Governance Di Indonesia*, UB Press, Malang, viewed 12 Oktober 2020, <https://books.google.co.id/books?id=_IBVDwAAQBAJ&pg=PA93&dq=remaja+menengah+adalah&hl=en&sa=X&ved=2ahUKEwjZq6u3gOrrAhUMU30KHdF_CY8Q6AEwAHoECAUQAQAg#v=onepage&q=remaja%20menengah%20adalah&f=false>.
- Alvarez Cuesta, E et al. 1981, "[Pharmaceutical preparations which contain tartrazine].," *Allergologia et immunopathologia*, vol. 9, no. 1, hal. 45–54.
- Amaliyah, M et al. 2021, "Pola Konsumsi Makan Remaja Di Masa Pandemi Covid-19," *Jurnal Tata Boga*, vol. 10, no. 1, hal. 129–137, <<https://ejournal.unesa.ac.id/index.php/jurnal-tata-boga/POLA>>.

- Amar, MI, Puspita, ID, & Nasrullah, N 2018, "Implementasi Program Bimbingan Persepsi Positive Body Image Terhadap Pengetahuan Gizi Remaja dan Status Gizi Remaja Putri," *Public Health Science Journal*, vol. 10, no. 1, hal. 1–11.
- Anastasiou, K, Miller, M, & Dickinson, K 2019, "The relationship between food label use and dietary intake in adults: A systematic review," *Appetite*, vol. 138, no. March, hal. 280–291, <<https://doi.org/10.1016/j.appet.2019.03.025>>.
- Anggraeni, NA & Trini, S 2018, "Faktor Dominan Konsumsi Buah dan Sayur pada Remaja di SMPN 98 Jakarta," *Indonesian Journal of Human Nutrition*, vol. 5, no. 1, hal. 18–32.
- Anggraini, S, Handayani, D, & Kusumastuty, I 2018, "Tingkat Pengetahuan Cara Membaca Label Informasi Gizi Mahasiswa Status Gizi Normal Lebih Baik dibandingkan Mahasiswa Obesitas," *Indonesian Journal of Human Nutrition*, vol. 5, no. 2, hal. 74–84.
- Anwar, C, Muhanda, NA, & Marniati 2020, "PENYULUHAN KESEHATAN TENTANG KEJADIAN ANEMIA PADA REMAJA ACEH BESAR HEALTH EDUCATION ABOUT THE EVENT OF ANEMIA IN ADOLESCENTS IN SMA 1 KUTA BARO," *Jurnal Pengabdian Masyarakat (Kesehatan)*, vol. 2, no. 1, hal. 34–37.
- Ardhany, SD et al. 2019, "Uji Teratogenik Air Rebusan Mie Instan Selama Masa Kehamilan Mencit Betina (*Mus musculus L.*) Melalui Pengamatan Kelainan Morfologi Fetus," *Jurnal Sains dan Kesehatan*, vol. 2, no. 2, hal. 122–128.
- Ariani, M, Setiyanto, A, & Purwantini, TB 2020, "Dampak pembatasan sosial berskala besar terhadap distribusi dan pola konsumsi pangan rumah tangga," *Pusat Sosial Ekonomi dan Kebijakan Pertanian*, hal. 437–454, <<http://pse.litbang.pertanian.go.id/ind/index.php/layanan-publik/publikasi/buku-tematik/662-dampak-pandemi-covid-19-perspektif-adaptasi-dan-resiliensi-sosial-ekonomi-pertanian>>.
- Arianto, NT 2013, "Pola Makan Mi Instan: Studi Antropologi Gizi Pada Mahasiswa Antropologi Fisip Unair," *BioKultur*, vol. II, no. 1, hal. 27–40.
- Ariyana, D & Asthiningsih, NWW 2020, "Hubungan Pengetahuan dengan Kebiasaan Konsumsi Makanan Cepat Saji (Fast Food) pada Siswa-Siswi Kelas XI di SMA Negeri Samarinda," *Borneo Student Research*, vol. 1, no. 3, hal. 2721–5725, <<http://journals.umkt.ac.id/index.php/bsr/article/download/912/174>>.
- Aryati, NB, Hanim, D, & Sulaeman, ES 2018, "Hubungan Ketersediaan Pangan

- Keluarga Miskin, Asupan Protein, Dan Zink Dengan Pertumbuhan Anak Umur 12-24 Bulan Pada Siklus 1000 Hari Pertama Kehidupan,” *Media Gizi Mikro Indonesia*, vol. 9, no. 2, hal. 99–112.
- Arza, AEI, Yulastri, A, & Fridayati, L 2017, “faktor-faktor yang mempengaruhi konsumsi mie instan,” *E-Journal Home Economic and Tourism*, vol. 14, no. 1, hal. 13, <<http://103.216.87.80/index.php/jhet/article/view/7240>>.
- Asgha, B 2017, “Analisa Penggunaan Label Informasi Nilai Gizi Pada Produk Pangan Oleh Konsumen Di Kota Semarang,” *Buletin Studi Ekonomi*, vol. 21, no. 2, hal. 165126.
- Asiati, DI 2020, “PENGARUH PRODUK, PROMOSI, BUDAYA, DAN PENGETAHUAN KONSUMEN TERHADAP KONSUMSI MIE INSTAN DI PALEMBANG,” *SEGMENT Jurnal Manajemen dan Bisnis*, , no. Vol 16, No 3 (2020): *SEGMENT Jurnal Manajemen dan Bisnis*, <<http://ejournal.umpwr.ac.id/index.php/segment/article/view/6510>>.
- Asma, A et al. 2010, “Comparison of food choice motives between malay husbands and wives in an urban community,” *Malaysian Journal of Nutrition*, vol. 16, no. 1, hal. 69–81.
- Asmiranti, M et al. 2021, “PENERAPAN GIZI SEIMBANG SELAMA MASA NEW NORMAL COVID-19 DI MADIYAN ALLIRITENGAE MAROS,” *PREPOTIF Jurnal Kesehatan Masyarakat*, vol. 5, no. 1, hal. 204–209.
- Audina, M 2019, “Faktor-Faktor Yang Berhubungan Dengan Konsumsi Mie Instan Pada Mahasiswa Stikes Perintis Padang Tahun 2019,” *Jurnal Kesehatan*, vol. Viii, hal. 59.
- Badan Penelitian dan Pengembangan Kesehatan 2018a, *Laporan Nasional Risesdas 2018*.
- Badan Penelitian dan Pengembangan Kesehatan 2018b, *Laporan Provinsi Jawa Barat, Risesdas 2018*.
- Badriyah, L & Syafei, A 2019, “Persepsi dan Perilaku Membaca Label Pangan dan Informasi Gizi pada Siswa SMK Wijaya Kusuma,” *Jurnal Ilmu Kesehatan Masyarakat*, vol. 8, no. 04, hal. 167–174.
- Bargiota, A et al. 2013, “Eating habits and factors affecting food choice of adolescents living in rural areas,” *Hormones*, vol. 12, no. 2, hal. 246–253.
- Bashor, AMR El, Hidayah, AN, & Pramudita, UG 2020, “2020 Buku Prosiding IFSA 2.0 Indonesian Fun Science Award,” *Prosiding IFSA 2.0 Indonesian Fun Science Award*, hal. 92–99, <<https://proceedings.sgu.ac.id/ifsj/index.php/ifsj/article/download/38/30>>.

- Bayuningsih, SN 2015, “Hubungan Antara Frekuensi Konsumsi Fast Food dan Aktivitas Fisik dengan Tebal Lemak Bawah Kulit Siswi SMA N 6 Yogyakarta,” *Universitas Muhammadiyah Surakarta*.
- Bezbaruah, N & Brunt, A 2012, “The Influence of Cartoon Character Advertising on Fruit and Vegetable Preferences of 9- to 11-Year-Old Children,” *Journal of Nutrition Education and Behavior*.
- Bialkova, S et al. 2014, “Attention mediates the effect of nutrition label information on consumers’ choice: Evidence from a choice experiment involving eye-tracking,” *Appetite*, vol. 76, hal. 66–75, <<http://dx.doi.org/10.1016/j.appet.2013.11.021>>.
- B POM RI 2013, “PERATURAN KEPALA BADAN PENGAWAS OBAT DAN MAKANAN REPUBLIK INDONESIA NOMOR 37 TAHUN 2013 TENTANG BATAS MAKSIMUM PENGGUNAAN BAHAN TAMBAHAN PANGAN PEWARNA.”
- BPS Kota Bogor 2021, *KOTA BOGOR DALAM ANGKA Bogor Municipality in Figures 2021*, © BPS Kota Bogor, Kota Bogor, <<https://bogorkota.bps.go.id/publication/2021/02/26/3826e067d8176c45ade04c1e/kota-bogor-dalam-angka-2021.html>>.
- Buditianingsih, NV & Wahini, M 2014, “Faktor-faktor yang Mempengaruhi Pola Konsumsi Makanan Remaja (Kasus di Sekolah Menengah Kejuruan Negeri 8 Surabaya),” *Jurnal Tata Boga*, vol. 3, no. 3, hal. 47–50, <<https://jurnalmahasiswa.unesa.ac.id/index.php/jurnal-tata-boga/article/view/8487>>.
- Chen, P & Antonelli, M 2020, “Conceptual Models of Food Choice : Influential Factors Related to Foods ,” *Foods*, vol. 9, no. 1898, hal. 1–21.
- Choy, M, Fassi, ES, & Treur, J 2021, “An adaptive network model for pain and pleasure through spicy food and its desensitization,” *Cognitive Systems Research*, vol. 66, hal. 211–220, <<https://doi.org/10.1016/j.cogsys.2020.10.006>>.
- Christy, J & Bancin, LJ 2020, *Status Gizi Lansia*, DEEPUBLISH, Yogyakarta, viewed 14 Oktober 2020, <https://books.google.co.id/books?id=en_sDwAAQBAJ&pg=PA19&dq=pengetahuan+gizi+adalah&hl=en&sa=X&ved=2ahUKEwjsmY_R0_brAhU0juYKHZrAB3kQ6AEwA3oECAAQAQg#v=onepage&q=pengetahuan_gizi_adalah&f=false>.
- Contento, IR et al. 2006, “Understanding the food choice process of adolescents

- in the context of family and friends,” *Journal of Adolescent Health*, vol. 38, no. 5, hal. 575–582, <<https://www.sciencedirect.com/science/article/pii/S1054139X05002934>>.
- Costa, SMM, Horta, PM, & Dos Santos, LC 2012, “Food advertising and television exposure: Influence on eating behavior and nutritional status of children and adolescents,” *Archivos Latinoamericanos de Nutricion*, vol. 62, no. 1, hal. 53–59.
- Cunningham, CA, Ku, K, & Sue, GR 2015, “Propylene Glycol Poisoning From Excess Whiskey Ingestion: A Case of High Osmolal Gap Metabolic Acidosis,” *Journal of investigative medicine high impact case reports*, vol. 3, no. 3, hal. 2324709615603722–2324709615603722, <<https://pubmed.ncbi.nlm.nih.gov/26904700>>.
- Dassen, FCM, Houben, K, & Jansen, A 2015, “Time orientation and eating behavior: Unhealthy eaters consider immediate consequences, while healthy eaters focus on future health,” *Appetite*, vol. 91, hal. 13–19, <<http://dx.doi.org/10.1016/j.appet.2015.03.020>>.
- Deliens, T et al. 2014, “Determinants of eating behaviour in university students: A qualitative study using focus group discussions,” *BMC Public Health*, vol. 14, no. 1, hal. 1–12.
- Deliens, T et al. 2015, “Determinants of physical activity and sedentary behaviour in university students: A qualitative study using focus group discussions,” *BMC Public Health*, vol. 15, no. 1, hal. 1–12.
- Dellyana, D, Ady, W, & Sumarmi, S 2019, “Kebiasaan Membaca Label Gizi Berhubungan Dengan Asupan Natrium Pada Wanita Dewasa Nutrition Label Reading Habit Related to Sodium Intake in Adult Woman,” *IAGIKMI & Airlangga*, hal. 158–163.
- Diananda, A 2019, “Psikologi Remaja Dan Permasalahannya,” *Journal ISTIGHNA*, vol. 1, no. 1, hal. 116–133.
- Dilistan Shipman, Z 2020, “Factors Affecting Food Choices of Millennials: How they Decide What to Eat?,” *Journal of Tourismology*, vol. 6, no. 1, hal. 49–62.
- Donini, LM 2017, *Control of Food Intake in Aging*, Second Edi, Elsevier Ltd, <<http://dx.doi.org/10.1016/B978-0-08-100348-0.00002-0>>.
- Drammeh, W, Hamid, NA, & Rohana, AJ 2019, “Determinants of household food insecurity and its association with child malnutrition in Sub-Saharan Africa: A review of the literature,” *Current Research in Nutrition and Food*

Science, vol. 7, no. 3, hal. 610–623.

- Efrizal, W 2020, “Persepsi Dan Pola Konsumsi Remaja Selama Pandemi Covid-19,” *Ekotonia: Jurnal Penelitian Biologi, Botani, Zoologi dan Mikrobiologi*, vol. 05, no. 2, hal. 43–48, <<https://journal.ubb.ac.id/index.php/ekotonia/article/view/2106/1351>>.
- Efrizal, W 2021, “Perilaku Konsumsi Mie Instan Pada Remaja di Bangka Belitung,” *Jurnal Ilmiah STIKES Citra Delima Bangka Belitung*, vol. 4, no. 2, hal. 21–27.
- Emaningsih, S 2018, *STUDI KUALITATIF POLA KONSUMSI MIE INSTAN PADA REMAJA PUTRI DI SMP NEGERI 8 SIPORI-PORI TANJUNG BALAI TAHUN 2018*, Institut Kesehatan Helvetia, <<http://repository.helvetia.ac.id/id/eprint/295>>.
- Fadlillah, HN, Nuraida, L, & Purnomo, EH 2015, “Consumer Awareness on Label of Food Packaging and Information of Food Additives in Bogor City Kepedulian Konsumen terhadap Label dan Informasi Bahan Tambahan Pangan (BTP) pada Label Kemasan Pangan di Kota Bogor,” *Jurnal Mutu Pangan*, vol. 2, no. 2, hal. 119–126.
- Fathelrahman, E & Basarir, A 2018, “Use of Social Media to Enhance Consumers’ Options for Food Quality in the United Arab Emirates (UAE),” *Urban Science*, vol. 2, no. 3, hal. 70.
- FDA 2018, *Questions and Answers on Monosodium glutamate (MSG), Food Additives & Petitions*, viewed 10 Oktober 2020, <<https://www.fda.gov/food/food-additives-petitions/questions-and-answers-monosodium-glutamate-msg>>.
- Ferguson, CJ, Contreras, S, & Kilburn, M 2014, “Advertising and fictional media effects on healthy eating choices in early and later childhood.” *Psychology of Popular Media Culture*, vol. 3, no. 3, hal. 164–173.
- French, SA et al. 2019, “Nutrition quality of food purchases varies by household income: The SHoPPER study,” *BMC Public Health*, vol. 19, no. 1, hal. 1–7.
- G.I, E et al. 2017, “Morphological Changes Induced by Instant Noodles Food on Kidney of Adult New Zealand Rabbits,” *IOSR Journal of Dental and Medical Sciences*, vol. 16, no. 01, hal. 93–97.
- Gaied, AM & Rached, KS Ben 2010, “The Persuasive Effectiveness of Famous and Non Famous Endorsers in Advertising,” *IBIMA Business Review*, vol. 2010, hal. 1–13.

- Ghirri, A & Bignetti, E 2012, "Occurrence and role of umami molecules in foods," *International Journal of Food Sciences and Nutrition*, vol. 63, no. 7, hal. 871–881.
- Greco, L et al. 1998, "Early childhood feeding practices in southern Italy: is the Mediterranean diet becoming obsolete? Study of 450 children aged 6-32 months in Campania, Italy. Cultural Paediatric Association.," *Acta paediatrica (Oslo, Norway : 1992)*, vol. 87, no. 3, hal. 250–256.
- Gulia, N, Dhaka, V, & Khatkar, BS 2014, "Instant Noodles: Processing, Quality, and Nutritional Aspects," *Critical Reviews in Food Science and Nutrition*, vol. 54, no. 10, hal. 1386–1399.
- Gunawan, E & Rusdiyanto 2019, *PROSIDING THE 2ND INTERNATIONAL SEMINAR ON CONTEMPORARY ISLAMIC ISSUES*, CV.ISTANA AGENCY, Yogyakarta, viewed 13 Oktober 2020, <<https://books.google.co.id/books?id=5D7IDwAAQBAJ&pg=PA184&dq=pendapatan+keluarga+adalah&hl=id&sa=X&ved=2ahUKEwjs7oephubrAhVROisKHa-bA-8Q6AEwAXoECAIQAg#v=onepage&q=pendapatan+keluarga+adalah&f=false>>.
- Haidar, A et al. 2017, "Self-reported use of nutrition labels to make food choices is associated with healthier dietary behaviours in adolescents," *Public Health Nutrition*, vol. 20, no. 13, hal. 2329–2339.
- Hao, N, Wang, HH, & Zhou, Q 2020, "The impact of online grocery shopping on stockpile behavior in Covid-19," *China Agricultural Economic Review*, vol. 12, no. 3, hal. 459–470.
- Hendra, P et al. 2019, "Sayur Bukan Menjadi Preferensi Makanan Remaja di Indonesia," *Jurnal Kedokteran Brawijaya*, vol. 30, no. 4, hal. 331.
- Hidayani, WR 2020, "Faktor Faktor Risiko Yang Berhubungan Dengan COVID 19 : Literature Review," *Jurnal Untuk Masyarakat Sehat (JUKMAS)*, vol. 4, no. 2, hal. 120–134.
- Huh, IS et al. 2017, "Instant noodle consumption is associated with cardiometabolic risk factors among college students in Seoul," *Nutrition Research and Practice*, vol. 11, no. 3, hal. 232–239.
- Humas Jawa Barat 2020, *UMK Jabar 2021: 17 Daerah Naik, 10 Daerah Masih Sama*, viewed 1 Maret 2021, <<http://humas.jabarprov.go.id/umk-jabar-2021-17-daerah-naik-10-daerah-masih-sama/3993>>.
- Husna, M 2018, "HUBUNGAN PENGETAHUAN GIZI IBU DENGAN CARA PENYAJIAN MIE INSTAN PADA SISWA SD MUHAMMADIYAH 16

KARANGASEM SURAKARTA,” *Publikasi Ilmiah*, hal. 1–15.

- Hye, J & Kim, LH 2013, “The Effect of College Students’ Confidence in Nutrition Knowledge on Health-Related Behavioral Intentions: The Moderating Effect of Gender,” *The Korean Journal of Culinary Research*, vol. 19, no. 4, hal. 136–146.
- Imtihani, TR & Noer, ER 2013, “Hubungan Pengetahuan, Uang Saku, Dan Peer Group Dengan Frekuensi Konsumsi Makanan Cepat Saji Pada Remaja Putri,” *Journal of Nutrition College*, vol. 2, no. 1, hal. 162–169.
- Irwan 2018, *Kearifan Lokal Dalam Pencegahan HIV/AIDS Pada Remaja Beresiko Tinggi*, CV.ABSOLUTE MEDIA, Yogyakarta, viewed 12 Oktober 2020,
<<https://books.google.co.id/books?id=hMf0DwAAQBAJ&printsec=frontcover&dq=kearifan+lokal+dalam+pencegahan+HIV/AIDS+pada+remaja+beresiko+tinggi&hl=en&sa=X&ved=2ahUKEwjxyKyso8LsAhWG9XMBHUOACKwQ6AEwAHoECAMQAg#v=onepage&q=masa+remaja&f=false>>.
- Ishaq, F et al. 2020, “Assessment of eating habits and knowledge regarding daily nutritional requirements among university students,” *Journal of Nutritional Health & Food Engineering*, vol. 10, no. 1, hal. 38–41.
- Islam, MS & Khan, RH 2017, “Exploring the Factors Affecting Knowledge Sharing Practices in Dhaka University of Nebraska,” *Library Philosophy and Practice (e-journal)*, hal. 1–11,
<https://www.researchgate.net/profile/Rajib_Khan/publication/280048665_Exploring_the_Factors_Affecting_Knowledge_Sharing_Practices_in_Dhaka_University_Library/links/5a1a600faca272df080d9948/Exploring-the-Factors-Affecting-Knowledge-Sharing-Practices-in-Dha>.
- Iwata, T et al. 2013, “The association between dietary lifestyles and hepatocellular injury in Japanese workers,” *Tohoku Journal of Experimental Medicine*, vol. 231, no. 4, hal. 257–263.
- Jamrianti, R 2021, *Pengemasan Dan Pelabelan Pangan (Packaging As A Product Communication)*, AE Publisher, Malang,
<https://www.google.co.id/books/edition/PENGEMASAN_DAN_PELABELAN_PANGAN_Packagin/ligqEAAAQBAJ?hl=id&gbpv=1>.
- Janssens, PLHR et al. 2013, “Acute effects of capsaicin on energy expenditure and fat oxidation in negative energy balance,” *PloS one*, vol. 8, no. 7, hal. e67786–e67786, <<https://pubmed.ncbi.nlm.nih.gov/23844093>>.
- Jefrydin, N, Nor, NM, & Talib, RA 2019, “Nutrition labelling: An exploratory study on personal factors that influence the practice of reading nutrition

labels among adolescents,” *Malaysian Journal of Nutrition*, vol. 25, no. 1, hal. 143–154.

Julya, R, Fitriani, A, & Ngaisyah, RD 2018, “FAKTOR – FAKTOR YANG MEMPENGARUHI POLA MAKAN MI INSTAN DI KALANGAN MAHASISWA DI YOGYAKARTA (Factors Influencing Instant Noodle Consumption Patterns Among Students In),” *Jurnal Ilmiah Kesehatan (Media Respati)*, vol. 13, hal. 59–70, <<http://medika.respati.ac.id/index.php/Medika/article/view/141>>.

Kabir, A, Miah, S, & Islam, A 2018, “Factors influencing eating behavior and dietary intake among resident students in a public university in Bangladesh: A qualitative study,” *PLoS ONE*, vol. 13, no. 6, hal. 1–17.

Kang, J, Jun, J, & Arendt, SW 2015, “Understanding customers’ healthy food choices at casual dining restaurants: Using the Value–Attitude–Behavior model,” *International Journal of Hospitality Management*, vol. 48, hal. 12–21, <<https://www.sciencedirect.com/science/article/pii/S0278431915000559>>.

Katmawanti, S & Ulfah, NH 2016, “Analisis Faktor Yang Mempengaruhi Pola Konsumsi Mi Instant Pada Mahasiswa Di Universitas Negeri Malang,” *Preventia : The Indonesian Journal of Public Health*, vol. 1, no. 2, hal. 229.

Kemendikbud 2021, *SMAN 4 BOGOR, Data Pokok Pendidikan ,Direktorat Jenderal Pendidikan Anak Usia Dini, Pendidikan Dasar dan Pendidikan Menengah ,Kementerian Pendidikan dan Kebudayaan*, viewed 19 Januari 2021, <<https://dapo.kemdikbud.go.id/sekolah/FDCFE48A2F74B14D05AF>>.

Kementerian Kesehatan Republik Indonesia 2019, “Peraturan Menteri Kesehatan Republik Indonesia Nomor 28 Tahun 2019 Tentang Angka Kecukupan Gizi Yang Dianjurkan Untuk Masyarakat Indonesia,” *Menteri Kesehatan Republik Indonesia Peraturan Menteri Kesehatan Republik Indonesia*.

Kenig, S et al. 2018, “Moderate but not high daily intake of chili pepper sauce improves serum glucose and cholesterol levels,” *Journal of Functional Foods*, vol. 44, hal. 209–217, <<https://www.sciencedirect.com/science/article/pii/S1756464618301002>>.

Kim, K, Park, SM, & Oh, KW 2013, “The impact of nutritional policy on socioeconomic disparity in the unhealthy food intake among Korean adolescents,” *Appetite*, vol. 71, hal. 388–395, <<http://dx.doi.org/10.1016/j.appet.2013.09.010>>.

Kim, SY et al. 2015, “Prevalence and associated factors of subjective halitosis in

- Korean adolescents,” *PLoS ONE*, vol. 10, no. 10, hal. 1–11.
- Kolopaking, R, Bardosono, S, & Fahmida, U 2011, “Maternal self-efficacy in the home food environment: A qualitative study among low-income mothers of nutritionally at-risk children in an urban area of Jakarta, Indonesia,” *Journal of Nutrition Education and Behavior*, vol. 43, no. 3, hal. 180–188, <<http://dx.doi.org/10.1016/j.jneb.2009.10.010>>.
- Krisnansari, D, Sulistyono, H, & Ati, VRB 2014, “Efek propolis terhadap fungsi dan perlemakan hati (*rattus norvegicus*) model hiperkolesterolemia (the effect of propolis on liver function and fatty liver of hypercholesterolemic rat model),” *Penel Gizi Makan*, vol. 37, no. 1, hal. 77–85.
- Kristianto, Y, Riyadi, BD, & Mustafa, A 2013, “Faktor Determinan Pemilihan Makanan Jajanan pada Siswa Sekolah Dasar,” *Kesmas: National Public Health Journal*, vol. 7, no. 11, hal. 489.
- van der Laan, LN et al. 2012, “Appearance matters: Neural correlates of food choice and packaging aesthetics,” *PLoS ONE*, vol. 7, no. 7.
- Labban, L 2015, “Nutritional knowledge assessment of syrian university students,” *Journal of the Scientific Society*, vol. 42, no. 2, hal. 71.
- LaCaille, L 2013, “Eating Behavior,” in MD Gellman & JR Turner (ed.), *Encyclopedia of Behavioral Medicine*, Springer New York, New York, NY, hal.641–642, <https://doi.org/10.1007/978-1-4419-1005-9_1613>.
- Lestari, P 2020, “HUBUNGAN PENGETAHUAN GIZI DAN ASUPAN MAKANAN DENGAN STATUS GIZI SISWI MTS DARUL ULUM,” *Sport and Nutrition Journal*, vol. 2, no. 2, hal. 73–80.
- Lestari, S, Permatasari, SD, & Dara, YP 2016, “Bentuk Warning Label (Pictorial, Information and Question Warning Label) Untuk Menurunkan Intensi Mengonsumsi Mie Instan pada Mahasiswa di Kota Malang,” *Jurnal Psikologi Integratif*, vol. 4, no. 2, hal. 148–160.
- Liem, DG & Russell, CG 2019, “The Influence of Taste Liking on the Consumption of Nutrient Rich and Nutrient Poor Foods,” *Frontiers in Nutrition*, vol. 6, no. November, hal. 1–10.
- Mahan, LK & Raymond, J 2016, *Krause’s Food & the Nutrition Care Process 14th Edition*, 14th editi, Elsevier Inc, St Louis, Missouri.
- Mak, AHN et al. 2012, “Factors influencing tourist food consumption,” *International Journal of Hospitality Management*, vol. 31, no. 3, hal. 928–936.

- Manuntung, A 2018, *Terapi Perilaku Kognitif Pada Pasien Hipertensi*, Wineka Media, Malang, viewed 14 Oktober 2020, <[https://books.google.co.id/books?id=3XHwDwAAQBAJ&pg=PA107&dq=%5Cperilaku+adalah&hl=en&sa=X&ved=2ahUKEwiS1Zvr_enrAhUJbn0KHcCXDvoQ6AEwAnoECAUQA#v=onepage&q=perilaku adalah&f=false](https://books.google.co.id/books?id=3XHwDwAAQBAJ&pg=PA107&dq=%5Cperilaku+adalah&hl=en&sa=X&ved=2ahUKEwiS1Zvr_enrAhUJbn0KHcCXDvoQ6AEwAnoECAUQA#v=onepage&q=perilaku%20adalah&f=false)>.
- Masitah, R & Sulistyadewi, NPE 2020, “Pemanfaatan Isi Pesan Instagram Dan Perilaku Pemilihan Makanan Jajanan Pada Remaja,” *Gizi Indonesia*, vol. 43, no. 2, hal. 77–86.
- Maulana, IA 2014, “ANALISIS FAKTOR-FAKTOR YANG MEMPENGARUHI RESPON KONSUMEN PADA PRODUK MIE INSTAN INDOFOOD DI HYPERMARKET GIANT PANAM PEKANBARU,” *Jom FISIP*, vol. 1, no. 2, <<https://jom.unri.ac.id/index.php/JOMFSIP/article/view/3180>>.
- McCann, D et al. 2007, “Food additives and hyperactive behaviour in 3-year-old and 8/9-year-old children in the community: a randomised, double-blinded, placebo-controlled trial,” *The Lancet*, vol. 370, no. 9598, hal. 1560–1567, <<https://www.sciencedirect.com/science/article/pii/S0140673607613063>>.
- McKeown, A & Nelson, R 2018, “Independent decision making of adolescents regarding food choice,” *International Journal of Consumer Studies*, vol. 42, no. 5, hal. 469–477.
- Mensah, OJ, Rose, LD, & R, A 2012, “Consumers’ Use and Understanding of Food Label Information and Effect on their Purchasing Decision in Ghana; A Case Study of Kumasi Metropolis,” *Asian Journal of Agriculture and Rural Development*, vol. 2, no. 3, hal. 351–365.
- Menteri Kesehatan Republik Indonesia 1985, *Peraturan Menteri Kesehatan Republik Indonesia nomor 180/MEN.KES/PER/IV/85 Tentang Makanan Kadaluwarsa*, <<http://traderulebook.ekon.go.id/rulebook/document/67?lang=id>>.
- Miller, LMS & Cassady, DL 2015, “The effects of nutrition knowledge on food label use. A review of the literature,” *Appetite*, vol. 92, hal. 207–216, <<http://dx.doi.org/10.1016/j.appet.2015.05.029>>.
- Missagia, SV, Oliveira, SR, & Rezende, DC 2013, “Beauty and the beast: gender differences in food-related behavior,” *Revista Brasileira de Marketing*, vol. 12, no. 1, hal. 149–165.
- Monteiro, CA et al. 2019, *Ultra-processed foods, diet quality, and health using the NOVA classification system*, The Food and Agriculture Organization (FAO), <[http://www.fao.org/fsnforum/resources/fsn-resources/ultra-](http://www.fao.org/fsnforum/resources/fsn-resources/ultra-processed-foods)

processed-foods-diet-quality-and-health-using-nova-classification>.

Mubarak, WI 2012, *Promosi kesehatan untuk kebidanan*, Salemba Medika, Jakarta.

Mubarokah, A, Sartono, A, & Isworo, JT 2014, “Hubungan Pengetahuan Gizi Dan Keamanan Pangan Dengan Konsumsi Mie Instan Pada Santriwati Sma Pondok Pesantren Asy-Syarifah Mranggen Demak,” *Jurnal Kesehatan*, vol. 3, no. April, hal. 1–7.

Nadathur, SR & Carolan, M 2017, *Flavors, Taste Preferences, and the Consumer: Taste Modulation and Influencing Change in Dietary Patterns for a Sustainable Earth*, Elsevier Inc., <<http://dx.doi.org/10.1016/B978-0-12-802778-3.00023-8>>.

Naeeni, MM et al. 2014, “Nutritional knowledge, practice, and dietary habits among school children and adolescents,” *International Journal of Preventive Medicine*, vol. 5, no. December, hal. S171–S178.

Nakeshbandi, M et al. 2020, “The impact of obesity on COVID-19 complications: a retrospective cohort study,” *International Journal of Obesity*, vol. 44, no. 9, hal. 1832–1837, <<https://doi.org/10.1038/s41366-020-0648-x>>.

Nasution, AA 2019, *Patologi Sosial Dan Pendidikan Islam Keluarga*, Scopindo Media Pustaka, Surabaya, viewed 10 Oktober 2020, <[https://books.google.co.id/books?id=d23IDwAAQBAJ&pg=PA37&dq=remaja+menengah+adalah&hl=en&sa=X&ved=2ahUKEwjZq6u3gOrrAhUMU30KHdF_CY8Q6AEwAnoECAQQA#v=onepage&q=remaja menengah adalah&f=false](https://books.google.co.id/books?id=d23IDwAAQBAJ&pg=PA37&dq=remaja+menengah+adalah&hl=en&sa=X&ved=2ahUKEwjZq6u3gOrrAhUMU30KHdF_CY8Q6AEwAnoECAQQA#v=onepage&q=remaja%20menengah%20adalah&f=false)>.

Natadja, L & Setyawan, PB 2018, “THE CONSTRUCTION OF MEANING IN INSTANT NOODLE ADVERTISEMENTS,” in, *Language in the Online & Offline World 6: The Fortitude*, Petra Press, Surabaya, Indonesia, hal.172–180.

Nepper, MJ 2015, “Associations of the Home Food Environment with Eating Behaviors and Weight Status among Children and Adolescents,” *Journal of Nutrition & Food Sciences*, vol. s12.

Nguyen, T 2020, *Vietnamese Customer Behavior On Instant Noodles During National Lockdown*, TURKU UNIVERSITY OF APPLIED SCIENCES, <<https://www.theseus.fi/handle/10024/355601>>.

Ningrum, A kusuma 2015, *PENGETAHUAN LABEL KEMASAN PANGAN*, Penerbit Gunung Samudera, Malang, viewed 14 Oktober 2020, <<https://books.google.co.id/books?id=ZX4qDwAAQBAJ&printsec=frontco>>.

Natia Defiana, 2021

DETERMINAN PERILAKU MAKAN MIE INSTAN PADA SISWA SMAN 4 KOTA BOGOR DI MASA PANDEMI COVID-19

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Gizi Program Sarjana

[www.upnvj.ac.id – www.library.upnvj.ac.id – www.repository.upnvj.ac.id]

ver&dq=PENGETAHUAN+LABEL+KEMASAN+PANGAN&hl=en&sa=X&ved=2ahUKEwirk72etsLsAhUMfX0KHRPRCNQQ6AEwAHoECAQQAg#v=onepage&q=PENGETAHUAN LABEL KEMASAN PANGAN&f=false>.

Ningsih, TW & Suprayitno 2017, *HUBUNGAN PENGETAHUAN DAN FREKUENSI KONSUMSI MAKANAN BERISIKO (MIE INSTAN) DENGAN KEJADIAN GASTRITIS DI KELURAHAN KAMPUNG BAQA WILAYAH KERJA PUSKESMAS KAMPUNG BAQA SAMARINDA SEBERANG, STIKES Muhammadiyah Samarinda.*

Noronha, DC et al. 2020, "Nutrition Knowledge is Correlated with a Better Dietary Intake in Adolescent Soccer Players: A Cross-Sectional Study," *Journal of Nutrition and Metabolism*, vol. 2020.

Novitasari, R 2018, "STUDI PEMBUATAN PIKEL CABAI KERITING UTUH (*Capsicum annuum* var. *glabiusculum*)," *Jurnal Teknologi Pertanian*, vol. 7, no. 1, hal. 33–45.

Nurrahmawati, D & Nurhayati, I 2021, "RESILIENCE OF HOUSEHOLD MOTHER IN DEALING WITH COVID-19," *Tunas Geografi*, vol. 9, no. 2, hal. 129.

Oktarini, NO, Nadhiroh, SR, & Nindya, TS 2016, "JENIS KELAMIN DAN PENGETAHUAN DENGAN KEBIASAAN MEMBACA LABEL INFORMASI NILAI GIZI DI KALANGAN MAHASISWA," *Pendidikan Fisika*, vol. 2, no. 2, hal. 49–52.

Palupi, IR, Naomi, ND, & Susilo, J 2017, "Penggunaan Label Gizi dan Konsumsi Makanan Kemasan pada Anggota Persatuan Diabetisi Indonesia," *Jurnal Kesehatan Masyarakat*, vol. 11, no. 1, hal. 1–8.

Pamelia, I 2018, "Perilaku Konsumsi Makanan Cepat Saji Pada Remaja Dan Dampaknya Bagi Kesehatan," *Ikesma*, vol. 14, no. 2, hal. 144.

Park, S, Choi, HS, & Bae, JH 2016, "Instant noodles, processed food intake, and dietary pattern are associated with atopic dermatitis in an adult population (KNHANES 2009-2011)," *Asia Pacific journal of clinical nutrition*, vol. 25, no. 3, hal. 602–613.

Perdani, MS & Hasibuan, AK 2021, "Analisis Informasi Tanaman Herbal melalui Media Sosial ditengah Masyarakat pada Pandemi Covid-19: Sebuah Tinjauan Literatur," *Bencoolen Journal of Pharmacy*, vol. 1, no. 1, hal. 11–25.

PERKI 2015, *PEDOMAN TATALAKSANA HIPERTENSI PADA PENYAKIT*

Natia Defiana, 2021

DETERMINAN PERILAKU MAKAN MIE INSTAN PADA SISWA SMAN 4 KOTA BOGOR DI MASA PANDEMI COVID-19

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Gizi Program Sarjana

[www.upnvj.ac.id – www.library.upnvj.ac.id – www.repository.upnvj.ac.id]

KARDIOVASKULAR, 1 ed.

- Prakash, J 2019, "Efficacy of Monosodium Glutamate as a Flavour Potentiator in Salt Reduction: A Review," *Nutrition and Food Processing*, vol. 2, no. 1, hal. 01–04.
- Prakoso, fajar A 2020, "Dampak Coronavirus Disease (Covid-19) Terhadap Industri Food & Beverages," *Manajemen Bisnis*, vol. 33, no. 2, hal. 1–6.
- Prasetyaningtyas, D & Nindya, TS 2018, "Hubungan Antara Ketersediaan Pangan Dengan Keragaman Pangan Rumah Tangga Buruh Tani," *Media Gizi Indonesia*, vol. 12, no. 2, hal. 149.
- Prasetyo, B & Jannah, LM 2011, *Metode Penelitian Kuantitatif*, Rajawali Pers, Jakarta.
- Pratiwi, AY et al. 2014, "Pembelian Dan Pemetaan Persepsi Mie Instan (Studi Kasus Pada Mahasiswa S1 Universitas Analysis of Attributes Affecting Purchase Decision and Perception Mapping of Instant Noodle (Case Study on Undergraduate Students in Brawijaya University)," *Jurnal Industria*, vol. 3, no. 2, hal. 107–118.
- Priwahyuni, Y 2016, "FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN POLA MAKAN SIAP SAJI (FAST FOOD) PADA MAHASISWA PROGRAM STUDI ILMU KESEHATAN MASYARAKAT STIKES HANGTUAH PEKANBARU," *Jurnal Ilmu Kesehatan Masyarakat, STIKES Al-Insyirah Pekanbaru*, vol. 5, no. 2, hal. 102–110.
- Proverawati, A & Wati, EK 2011, *Ilmu Gizi Untuk Keperawatan dan Gizi Kesehatan*, Nuha Medika, Yogyakarta.
- Purbohastuti, AW 2018, "FAKTOR-FAKTOR PERTIMBANGAN PEMILIHAN PRODUK MIE INSTAN," *Tirayasa EKONOMIKA*, vol. 13, no. 1, hal. 41–52, <<https://jurnal.untirta.ac.id/index.php/JTE/article/view/4196>>.
- Purnama, NLA 2020, "Perilaku makan dan status gizi remaja," *Jurnal Penelitian Kesehatan*, vol. 7, no. 2, hal. 57–62, <<http://www.jurnal.stikvinc.ac.id/index.php/jpk/article/view/172>>.
- Purwanti, P 2010, *Model Ekonomi Rumah Tangga Nelayan Skala Kecil Dalam Mencapai Ketahanan Pangan*, UB Press, Malang.
- Puspita, WL 2020, "Body Image And Nutrition Assessment As A Predictor Of Nutritional Status Among Adolescents In Public Senior High School 9 Pontianak City," *Jurnal Teknologi Kesehatan Borneo*, vol. 1, no. 2, hal. 78–84, <<http://siak.poltekkes-pontianak.ac.id/index.php/JTKB/article/view/19>>.

Natia Defiana, 2021

DETERMINAN PERILAKU MAKAN MIE INSTAN PADA SISWA SMAN 4 KOTA BOGOR DI MASA PANDEMI COVID-19

UPN Veteran Jakarta, Fakultas Ilmu Kesehatan, Gizi Program Sarjana

[www.upnvj.ac.id – www.library.upnvj.ac.id – www.repository.upnvj.ac.id]

- Puspitalena, A, Palupi, NS, & Giriwono, PE 2015, “Peranan Klaim Gizi dan Kesehatan pada Susu Pertumbuhan sebagai Penentu Keputusan Pembelian,” *Jurnal Mutu Pangan*, vol. 2, no. 2, hal. 144–151, <<http://journal.ipb.ac.id/index.php/jmpi/article/view/27472>>.
- Puspitawati, H & Herawati, T 2018, *Metode pendidikan keluarga*, PT Penerbit IPB Press, Bogor, Jawa Barat, viewed 13 Oktober 2020, <https://books.google.co.id/books?id=Ukz8DwAAQBAJ&pg=PA357&dq=pendapatan+keluarga&hl=id&sa=X&ved=2ahUKEwiI4935p_TrAhWz7HMBHaPjDXUQ6AEwAXoECAYQA#v=onepage&q=pendapatan%20keluarga&f=false>.
- Putri, RA, Shaluhiah, Z, & Kusumawati, A 2020, “Faktor-Faktor Yang Berhubungan Dengan Perilaku Makan Sehat Pada Remaja SMA di Kota Semarang,” *Jurnal Kesehatan Masyarakat (e-Journal)*, vol. 8, hal. 332–337, <<http://ejournal3.undip.ac.id/index.php/jkm>>.
- Putri, RN, Ernalina, Y, & Bebasari, E 2015, “GAMBARAN SINDROMA DISPEPSIA FUNGSIONAL PADA MAHASISWA FAKULTAS KEDOKTERAN UNIVERSITAS RIAU ANGGKATAN 2014,” *Jurnal Online Mahasiswa Fakultas Kedokteran Universitas Riau*, vol. 2, no. 2, hal. 1–16, <<https://media.neliti.com/media/publications/186776-ID-gambaran-sindroma-dispepsia-fungsional-p.pdf>>.
- Qodariyah, N, Sulistiyani, & Darundiati, YH 2017, “IDENTIFIKASI FAKTOR RISIKO GANGGUAN KESEHATAN AKIBAT KONSUMSI MI INSTAN PADA MAHASISWA UNIVERSITAS DIPONEGORO,” *Jurnal Kesehatan Masyarakat (e-Journal)*, vol. 5, no. 2, hal. 174–179, <<http://ejournal-s1.undip.ac.id/index.php/jkm>>.
- Rachman, BN, Mustika, IG, & Kusumawati, IGAW 2017, “Faktor yang berhubungan dengan perilaku konsumsi buah dan sayur siswa SMP di Denpasar,” *Jurnal Gizi Indonesia (The Indonesian Journal of Nutrition)*, vol. 6, no. 1, hal. 9–16.
- Rahayu, SD & Dieny, FF 2012, “Citra Tubuh, Pendidikan Ibu, Pendapatan Keluarga, Pengetahuan Gizi, Perilaku Makan dan Asupan Zat Besi pada Siswi SMA,” *Media Medika Indonesiana*, vol. 46, no. 3, hal. 184-194–194.
- Rahman, N, Dewi, NU, & Armawaty, F 2016, “FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PERILAKU MAKAN PADA REMAJA SMA NEGERI 1 PALU,” *Jurnal Kesehatan Masyarakat (e-Journal)*, vol. 7, no. 1, hal. 43–52.
- Rajeswari, G, Murugan, M, & Gc-ms, VRM 2013, “Effects of chronic

administration of indomie noodles on the activity of alkaline phosphatase of rat small intestine,” *Journal of Pharmaceutical and Biomedical Science*, vol. 34, no. 34, hal. 1682–1687.

Ramayulis, R 2016, *Atasi Obesitas Pada Anak Dengan Diet Rest Ala Rita Ramayulis Berat Badan Ideal, Tinggi Badan Optimal*, PT Gramedia Pustaka Utama, Jakarta, <<https://books.google.co.id/books?id=gspGDwAAQBAJ&pg=PA17&dq=perilaku+makan+remaja&hl=en&sa=X&ved=2ahUKEwikoGsg-rrAhVTyJgGHYm4A5QQ6AEwAnoECAUQA#v=onepage&q=perilaku+makan+remaja&f=false>>.

Redshaw, N & Redshaw, B 2016, *Paper 3 - Option 2 Eating Behaviour*, 1 ed., Advanced Success Ltd, Telford, England, <https://books.google.co.id/books?id=ZE42DQAAQBAJ&dq=eating+behaviour&source=gbs_navlinks_s>.

Rochmawati & Marlenywati 2015, “Perilaku Konsumsi Mie Instan Mahasiswa Fakultas Ilmu Kesehatan Universitas Muhammadiyah Dan Jurusan Gizi Poltekkes Kemenkes Pontianak,” *Jurnal Vokasi Kesehatan*, vol. Vol 1, no. 6, hal. 188–194, <<http://ejournal.poltekkes-pontianak.ac.id/index.php/JVK/article/view/40>>.

Roudsari, AH et al. 2017, “Psycho-socio-cultural determinants of food choice: A qualitative study on adults in social and cultural context,” *Iranian Journal of Psychiatry*, vol. 12, no. 4, hal. 238–247.

Rowe, KS & Rowe, KJ 1994, “Synthetic food coloring and behavior: A dose response effect in a double-blind, placebo-controlled, repeated-measures study,” *The Journal of Pediatrics*, vol. 125, no. 5, Part 1, hal. 691–698, <<https://www.sciencedirect.com/science/article/pii/S0022347606801642>>.

Ruiz-Roso, MB et al. 2020, “Covid-19 confinement and changes of adolescent’s dietary trends in Italy, Spain, Chile, Colombia and Brazil,” *Nutrients*, vol. 12, no. 6, hal. 1–18.

Saeed, R et al. 2014, “Impact of celebrity and non-celebrity advertisement on consumer perception,” *The Business & Management Review*, vol. 4, no. 3, hal. 154–160.

Saha, S et al. 2013, “Knowledge and practices of using food label information among adolescents attending schools in Kolkata, India,” *Journal of Nutrition Education and Behavior*, vol. 45, no. 6, hal. 773–779, <<http://dx.doi.org/10.1016/j.jneb.2013.07.011>>.

Sandi Wachyuni, S & Wiweka, K 2020, “the Changes in Food Consumption

- Behavior: a Rapid Observational Study of Covid-19 Pandemic,” *International Journal of Management, Innovation & Entrepreneurial Research*, vol. 6, no. 2, hal. 77–87.
- Sandjaja et al. 2014, “Nutritional Status of Poor Families in North Jakarta,” *Gizi Indonesia*, vol. 33, no. 2, hal. 150–161.
- Sandra, S & Setyabudi, D 2020, “Hubungan Terpaan Iklan di Televisi dan Kapabilitas Brand Ambassador Dengan Minat Beli pada Produk Mie Sedaap,” *Interaksi Online; Vol 8, No 3: Juli 2020*, vol. 8, no. 3, hal. 1–9, <<https://ejournal3.undip.ac.id/index.php/interaksi-online/article/view/27968>>.
- Santoso, SO, Janeta, A, & Kristanti, M 2018, “Faktor-Faktor yang Mempengaruhi Pemilihan Makanan pada Remaja di Surabaya,” *Jurnal Hospitality dan Manajemen Jasa*, vol. 6, no. 1, hal. 19–32, <<http://publication.petra.ac.id/index.php/manajemen-perhotelan/article/view/6399/5818>>.
- Saragih, B & Saragih, FM 2020, “Gambaran Kebiasaan Makan Masyarakat Pada Masa Pandemi Covid-19,” *Research Gate*, vol. 19, no. April, hal. 1–12.
- Sarkim, L, Nabuasa, E, & Limbu, R 2016, “Perilaku Konsumsi Mie Instan pada Mahasiswa Fakultas Kesehatan Masyarakat Undana Kupang yang Tinggal di Kos Wilayah Naikoten 1,” *Jurnal MKM*, vol. 05, no. 01, hal. 41–48.
- Schönfeld, J V. & Evans, DF 2007, “Fat, spices and gastro-oesophageal reflux,” *Zeitschrift fur Gastroenterologie*.
- Sekarputri, DA 2019a, *HUBUNGAN ANTARA PENGETAHUAN DAN KEBIASAAN MEMBACA LABEL GIZI DENGAN KONSUMSI PANGAN KEMASAN PADA MAHASISWA JURUSAN GIZI POLTEKKES KEMENKES SEMARANG TAHUN 2019*, Prodi DIV Gizi Poltekkes Kemenkes Semarang, <[http://repository.poltekkes-smg.ac.id/js/pdfjs/web/viewer.html?file=../../repository//BAB IV P1337431215019.pdf](http://repository.poltekkes-smg.ac.id/js/pdfjs/web/viewer.html?file=../../repository//BAB%20IV%20P1337431215019.pdf)>.
- Sekarputri, DA 2019b, *HUBUNGAN ANTARA PENGETAHUAN DAN KEBIASAAN MEMBACA LABEL GIZI DENGAN KONSUMSI PANGAN KEMASAN PADA MAHASISWA JURUSAN GIZI POLTEKKES KEMENKES SEMARANG TAHUN 2019*, POLITEKTIK KESEHATAN SEMARANG KEMENKES.
- Setyawan, FEB 2019, *Pendekatan Pelayanan Kesehatan Dokter Keluarga (Pendekatan Holistic Komprehensif)*, Zifatama Jawara, Sidoarjo, Jawa Timur, viewed 12 Oktober 2020,

<[https://books.google.co.id/books?id=Y_C_DwAAQBAJ&printsec=frontcover&dq=Pendekatan+Pelayanan+Kesehatan+Dokter+Keluarga+\(+Pendekatan+Holistic+Komprensif\)&hl=en&sa=X&ved=2ahUKEwjma7tsLsAhVHbysKHTJVB-IQ6AEwAHoECAQQA#v=onepage&q=Pendekatan+Pelayanan+Kese](https://books.google.co.id/books?id=Y_C_DwAAQBAJ&printsec=frontcover&dq=Pendekatan+Pelayanan+Kesehatan+Dokter+Keluarga+(+Pendekatan+Holistic+Komprensif)&hl=en&sa=X&ved=2ahUKEwjma7tsLsAhVHbysKHTJVB-IQ6AEwAHoECAQQA#v=onepage&q=Pendekatan+Pelayanan+Kese)>.

- Setyawati, VAV & Setyowati, M 2015, “Karakter Gizi Remaja Putri Urban Dan Rural Di Provinsi Jawa Tengah,” *Jurnal Kesehatan Masyarakat*, vol. 11, no. 1, hal. 43.
- Setyowati, ND, Riyanti, E, & Indraswari, R 2017, “Faktor-Faktor Yang Berhubungan Dengan Perilaku Makan Remaja Putri Dalam Pencegahan Anemia Di Wilayah Kerja Puskesmas Ngemplak Simongan,” *Jurnal Kesehatan Masyarakat (e-Journal)*, vol. 5, no. 5, hal. 1042–1053.
- Shangguan, S et al. 2019, “A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices,” *American Journal of Preventive Medicine*, vol. 56, no. 2, hal. 300–314.
- Sharif Ishak, SIZ et al. 2020, “Malaysian adolescents’ perceptions of healthy eating: A qualitative study,” *Public Health Nutrition*, vol. 23, no. 8, hal. 1440–1449.
- Shen, PY et al. 2020, “After-school nutrition education programme improves eating behavior in economically disadvantaged adolescents,” *Public Health Nutrition*, <<https://pubmed.ncbi.nlm.nih.gov/33092673/>>.
- Shin, HJ et al. 2014, “Instant noodle intake and dietary patterns are associated with distinct cardiometabolic risk factors in Korea,” *Journal of Nutrition*, vol. 144, no. 8, hal. 1247–1255.
- Sikander, M et al. 2017, “Instant Noodles : Are they Really Good for Health ? A Review .,” *Electronic Journal of Biology*, vol. 13, no. 3, hal. 222–227, <<https://www.researchgate.net/publication/318217339>>.
- Simanjuntak, EYB, Silitonga, E, & Aryani, N 2020, “Pemberdayaan Perempuan Dalam Menghadapi Dampak Pandemi Covid-19 Melalui Pelatihan Pengelolaan Keuangan Keluarga Di Desa Langkap Kecamatan Burneh Kabupaten Bangkalan,” *Jurnal Abdidas*, vol. 1, no. 6, hal. 777–783.
- Sinaga, C & Simanungkalit, SF 2019, “Faktor-Faktor yang Berhubungan dengan Perilaku Membaca Label Informasi Gizi,” *Jurnal Endurance*, vol. 4, no. 1, hal. 192.
- Sirajuddin et al. 2013, *Survey Konsumsi Pangan*, E Rezkina (ed.), Penerbit Buku Kedokteran EGC, Jakarta.

- Sirajuddin, Surmita, & Astuti, T 2018, "Survey Konsumsi Pangan," *Kementrian Kesehatan Republik Indonesia*.
- Sprouse-Blum, AS et al. 2010, "Understanding endorphins and their importance in pain management," *Hawaii medical journal*, vol. 69, no. 3, hal. 70–71, <<https://pubmed.ncbi.nlm.nih.gov/20397507>>.
- Suhaema, S & Masthalina, H 2015, "Pola Konsumsi dengan Terjadinya Sindrom Metabolik," *Kesmas: National Public Health Journal*, vol. 9, no. 4, hal. 340.
- Suleman, AR et al. 2020, *Ekonomi Makro*, Yayasan Kita Menulis, Medan, viewed 11 Oktober 2020, <https://books.google.co.id/books?id=Ib_yDwAAQBAJ&pg=PA72&dq=pendapatan+merupakan&hl=en&sa=X&ved=2ahUKEwi_tKe52_vrAhUQOisKHTRaBFMQ6AEwAHoECAMQA#v=onepage&q=pendapatan+merupakan&f=false>.
- Sulistiani, D, Rahayu, S, & Yuniastuti, A 2020, "Correlation between Teenage Nutrition Knowledges in Preventing COVID-19," *ISPHE*.
- Sumarwan, U, Simanjuntak, M, & Yuliati, LN 2017, "Meta-Analysis Study: Reading Behavior Of Food Products Label," *Journal of Consumer Sciences*, vol. 2, no. 2, hal. 26.
- Suprariasa, IDN & Handayani, D 2019, *Asuhan Gizi Klinik*, Penerbit Buku Kedokteran EGC, Jakarta.
- Susanti, DCA 2015, *Konsumsi Makanan, Obesitas Sentral Dan Kejadian Hipertensi Di Puskesmas Patrang Kabupaten Jember*, UNIVERSITAS JEMBER.
- Sutrisna, A et al. 2018, "Iodine intake estimation from the consumption of instant noodles, drinking water and household salt in Indonesia," *Nutrients*, vol. 10, no. 3.
- Tan, CH et al. 2019, "Salt content of instant noodles in Malaysia: A cross-sectional study," *BMJ Open*, vol. 9, no. 4.
- Tepriandy, S & Rochadi, RK 2021, "Hubungan Pengetahuan dan Sikap dengan Status Gizi Siswa MAN Medan Pada Masa Pandemi COVID-19," *TROPHICO: Tropical Public Health Journal*, vol. 1, no. 1, hal. 43–49, <<https://talenta.usu.ac.id/trophico/article/download/6042/3755/20304>>.
- Tony 2017, *Hubungan Motivasi Konsumsi Mie Instan dengan Situasi Ekonomi Mahasiswa Fakultas Ekonomi dan Bisnis Islam IAIN Palangka Raya*, Institut Agama Islam Negeri Palangka Raya.

- Totu, A, Igau, OA, & Halik, M 2013, “TV Commercials and Choice of Food among Children in Sabah, Malaysia,” *IOSR Journal Of Humanities And Social Science*, vol. 15, no. 6, hal. 81–89.
- Ulfa, AM, Purnama, RC, & Wulandari, Y 2016, “PENETAPAN KADAR PEWARNA TARTRAZIN PADA MIE INSTAN DENGAN METODE SPEKTROFOTOMETRI UV–VIS,” *Jurnal Analis Farmasi*, vol. 1, no. 3, hal. 169–174.
- Umami Information Center 2021, *What is Umami?*, viewed 25 April 2021, <https://www.umamiinfo.com/what/whatisumami/#cont08_area>.
- Urbina, SL et al. 2017, “Effects of twelve weeks of capsaicinoid supplementation on body composition, appetite and self-reported caloric intake in overweight individuals,” *Appetite*, vol. 113, hal. 264–273.
- Utami, V, Prabandari, YS, & Susetyowati, S 2017, “Determinan konsumsi mie instan pada mahasiswa Universitas Sriwijaya,” *Berita Kedokteran Masyarakat*, vol. 33, no. 3, hal. 153.
- UU RI 1996, *Undang-Undang Republik Indonesia Nomor 7 Tahun 1996 Tentang Pangan*, <https://pergizi.org/images/stories/downloads/uu_7_1996_ttg_pangan.pdf>.
- Vemula, SR et al. 2014, “Use of food label information by urban consumers in India - A study among supermarket shoppers,” *Public Health Nutrition*, vol. 17, no. 9, hal. 2104–2114.
- Verstraeten, R et al. 2014, “A conceptual framework for healthy eating behavior in ecuadorian adolescents: A qualitative study,” *PLoS ONE*, vol. 9, no. 1.
- Wartaka, M & Sumardjono, S 2020, “Analysis of consumer behavior in buying instant noodles (case studies in the Bogor City Area),” *The Management Journal of Binaniaga*, vol. 5, no. 2, hal. 115.
- Widnatusifah, E et al. 2020, “Gambaran Asupan Zat Gizi dan Status Gizi Remaja pengungsian Petobo Kota Palu,” *JGMI: The Journal of Indonesian Community Nutrition*, vol. 9, no. 1, hal. 17–29.
- WINA 2021, “Global demand of instant noodles top 15,” *Instant Noodles at a Glance*, hal. 1, <<https://instantnoodles.org/en/noodles/report.html>>.
- Winarto, F 2016, *MI INSTAN Mitos, Fakta, Dan Potensi*, PT Gramedia Pustaka Utama, Jakarta, viewed 11 Oktober 2020, <<https://books.google.co.id/books?id=NMpGDwAAQBAJ&printsec=frontc>>.

over&dq=mie+instan+adalah&hl=en&sa=X&ved=2ahUKEwiZroai-e_rAhXa6XMBHY0CCfUQ6AEwAHoECAMQAg#v=onepage&q=mie instan adalah&f=false>.

- Yahia, N et al. 2016, “Level of nutrition knowledge and its association with fat consumption among college students,” *BMC Public Health*, vol. 16, no. 1, hal. 1–10, <<http://dx.doi.org/10.1186/s12889-016-3728-z>>.
- Yanti, T & Fauziah, DA 2021, “The Effect of Family Income on Stunting Incident in Preschool Children at Bogor City During COVID-19 Pandemic,” *Indian Journal of Public Health Research & Development*, vol. 12, no. 2, hal. 407–412, <http://www.ijphrd.com/scripts/IJPHRD_April-June_2021.pdf#page=416>.
- Yokoyama, S, Matsumoto, J, & Araki, H 2020, *Nature, Culture, and Food in Monsoon Asia*, Internatio, © Springer Nature Singapore Pte Lt, Singapore.
- Yuliati, LN & Retnaningsih 2016, *Survey Konsumsi Pangan, Depertemen IKK-FEMA IPB*, viewed 14 Desember 2020, <<http://ikk.fema.ipb.ac.id/id/wp-content/uploads/2016/12/Mg-10-Survei-Konsumsi-Pangan-22-Nov-16.pdf>>.
- Ziegler, AM et al. 2021, “An Ecological Perspective of Food Choice and Eating Autonomy Among Adolescents,” *Frontiers in Psychology*, vol. 12, hal. 1098, <<https://www.frontiersin.org/article/10.3389/fpsyg.2021.654139>>.