

# **Persepsi Orangtua Terhadap Terapi Online Pada Anak Berkebutuhan Khusus Di Masa Pandemi Covid-19**

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## **Abstrak**

Penelitian ini dilakukan untuk melihat persepsi orangtua terhadap terapi online pada anak berkebutuhan khusus di masa pandemi Covid 19. Subjek dalam penelitian ini adalah orang tua dari anak berkebutuhan khusus yang terdaftar di Rumah Sakit Jiwa Dr. Soeharto Heerdjan Jakarta, yang terdiri dari 6 orang dengan usia, lama terapi, dan latar belakang yang berbeda. Pengambilan data dilakukan dengan metode *focus group discussion* (FGD). Analisis data dilakukan dengan metode analisis data kualitatif secara manual, menggunakan metode *open coding* dan *axial coding*. Hasil *focused group discussion* dalam penelitian ini ditemukan bahwa pemahaman para orangtua mengenai kebutuhan terapi anak berkebutuhan khusus diketahui dari kemampuan responden untuk menyebutkan jenis terapi yang dilakukan sesuai dengan teori. Dari hasil penelitian dapat disimpulkan untuk melihat persepsi orangtua terhadap terapi online pada masa pandemi Covid 19 ini yakni melalui kemampuan responden mengetahui dan mengenali terapi online dan jenis-jenisnya setelah melakukan terapi tersebut selama dirumahkan ketika masa PSBB di kala pandemi.

Kata Kunci : persepsi orangtua, anak berkebutuhan khusus, pandemi Covid 19, terapi online.

# **Parental Perception Of Online Therapy On Children With Special Needs During Covid-19 Pandemic**

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## **Abstract**

This research was conducted to see the parents perceptions of online therapy for children with special needs during the Covid 19 pandemic. The subjects in this study were the parents of children with special needs who were registered at Mental Hospital Dr. Soeharto Heerdjan Jakarta, consisting of 6 people with different ages, years of therapy, and backgrounds. Data were collected using the focus group discussion (FGD) method. Data analysis was performed by manual qualitative data analysis methods, using open coding and axial coding method. The results of the focused group discussion in this study found that the parent's understanding of the therapeutic needs of children with special needs was known from the respondent's ability to mention the type of therapy carried out in accordance with the theory. From the results of the study, it can be concluded that to see parents' perceptions of online therapy during the Covid 19 pandemic can be known through the ability of respondents to know and recognize online therapy and its types after carrying out this therapy during their "stay at home" time while the PSBB rules was applied.

**Keywords:** parental perceptions, children with special needs, the Covid 19 pandemic, online therapy.